

# TATTOO AFTERCARE INFORMATION

(Wet Healing)

**REMEMBER!** Your tattoo is not finished until it is totally healed. It is your responsibility to hygienically take care of your tattoo(s). Good hygiene and care will reduce the risk of infection, aid healing and help maintain the colours.

- Before touching your tattoo, make sure you **WASH YOUR HANDS**.
- After the tattoo artist covers your tattoo, leave the cover on for a couple of hours.
- After a couple hours, remove the wrap and gently wash the tattoo with warm soapy water (fragrance free soap).
- With clean hands, pat the area dry with a clean paper towel.
- Apply a thin coat of aftercare balm such as **BEPANTHEN** (original, not first aid). Not too much as too much will suffocate your tattoo and delay healing. Re-wrap the tattoo with cling wrap. Use tape to ensure the wrap is secure and won't move around.
- Every 3-4 hours repeat the cleaning process and re-cover the tattoo with fresh wrap.
- When going to bed, wash the tattoo well, re-wrap and leave the wrap on while you sleep. When you wake up, clean the tattoo again and apply new wrap.
- Never leave the tattoo uncovered for longer than a couple of minutes during this stage.
- Repeat this process every 3-4 hours for three days only.
- After the third day, take the wrap off and leave it off.
- Clean your tattoo and put a thin layer of aftercare balm until the tattoo is healed.
- Avoid direct sunlight for a minimum 2 weeks, **ONLY** when the tattoo has healed is it safe to apply sunscreen for protection against UV. The sun is a tattoos worst enemy, it is important to protect your tattoo from the sun from now on.
- Avoid long soaks in the bath as hot water in contact with your skin will detach scabs or soak into the skin and loosen the ink. This could lead to your tattoo looking patchy when healed. Short showers are preferable for the first 2 weeks.
- Avoid swimming, saunas and hot tubs etc. during healing.
- Avoid vigorous exercise, sports and going to the gym during the healing process, sweat may irritate your tattoo and lead to infection.

**DO NOT PICK or SCRATCH** the healing tattoo as this may remove ink.

If you have any questions please don't hesitate to call us on (02) 9555 6316

The Darling Parlour