

# TATTOO AFTERCARE INFORMATION

(Healing with Second Skin)

**REMEMBER!** Your tattoo is not finished until it is totally healed. It is your responsibility to hygienically take care of your tattoo(s). Good hygiene and care will reduce the risk of infection, aid healing and help maintain the colours.

- Before touching your tattoo, make sure you WASH YOUR HANDS.
- Leave the Second Skin on for approximately 4-5 days.
- If the second skin fills up with blood and/or plasma (the inky gunk), leave it alone unless the second skin comes off on its own.
- If the second skin comes off, wash it with clean hands and some antibacterial soap and warm water. Dry it with a clean unused towel or air dry for 10-15 minutes and replace it with the extra piece provided. (It can also be purchased from the chemist called 'Fixomull', 'Opsite')
- After 4 days and when the second skin doesn't have any visible blood/plasma build up underneath, remove the second skin. Only use clean hands to wash your tattoo using warm water and antibacterial soap.
- Apply a thin coat of aftercare balm for the next 3 days, such as BEPANTHEN (original, not first aid) until the skin no longer looks flakey/shiny. Too much cream will suffocate your tattoo and delay healing.
- You DO NOT need to cover your tattoo again.
- Following these procedures will reduce scabbing. Most people will only develop a thin film over the tattoo that will flake off for around a week.
- Keeping your tattoo clean will reduce the risk of infection.
- Avoid direct sunlight for a minimum 2 weeks, ONLY when the tattoo has healed is it safe to apply sunscreen for protection against UV. The sun is a tattoos worst enemy, it is important to protect your tattoo from the sun from now on.
- Avoid long soaks in the bath as hot water in contact with your skin will detach scabs or soak into the skin and loosen the ink. This could lead to your tattoo looking patchy when healed. Short showers are preferable for the first 2 weeks.
- Avoid swimming, saunas and hot tubs etc. during healing.
- Avoid vigorous exercise, sports and going to the gym during the healing process, sweat may irritate your tattoo and lead to infection.

DO NOT PICK or SCRATCH the healing tattoo as this may remove ink.

If you have any questions please don't hesitate to call us on (02) 9555 6316

The Darling Parlour