

# TATTOO AFTERCARE INFORMATION

(Normal/Dry Healing)

**REMEMBER!** Your tattoo is not finished until it is totally healed. It is your responsibility to hygienically take care of your tattoo(s). Good hygiene and care will reduce the risk of infection, aid healing and help maintain the colours.

- Before touching your tattoo, make sure you **WASH YOUR HANDS**.
- Leave the cover on for approximately 2 hours, maximum 5 hours.
- When you remove the plastic cover, only use your cleaned hands to wash your tattoo using warm water and antibacterial soap. The tattoo should no longer look shiny if it is properly cleaned. Leave the tattoo to dry naturally for around 10-15 minutes.
- Apply a thin coat of aftercare balm such as **BEPANTHEN** (original, not first aid). Not too much as too much will suffocate your tattoo and delay healing.
- You **DO NOT** need to cover your tattoo again unless your artist has instructed you otherwise.
- Repeat the cleaning and aftercare treatment 3 times a day for approximately 2 weeks.
- Following these procedures will reduce scabbing. Most people will only develop a thin film over the tattoo that will flake off for around a week.
- Keeping your tattoo clean will reduce the risk of infection.
- Avoid direct sunlight for a minimum 2 weeks, **ONLY** when the tattoo has healed is it safe to apply sunscreen for protection against UV. The sun is a tattoos worst enemy, it is important to protect your tattoo from the sun from now on.
- Avoid long soaks in the bath as hot water in contact with your skin will detach scabs or soak into the skin and loosen the ink. This could lead to your tattoo looking patchy when healed. Short showers are preferable for the first 2 weeks.
- Avoid swimming, saunas and hot tubs etc. during healing.
- Avoid vigorous exercise, sports and going to the gym during the healing process, sweat may irritate your tattoo and lead to infection.

**DO NOT PICK or SCRATCH** the healing tattoo as this may remove ink.

If you have any questions please don't hesitate to call us on (02) 9555 6316

The Darling Parlour